

BREAD AND WINE

INSTRUCTIONS:

READ MARK 14:12-25

LESSON:

Yesterday we saw how Jesus entered Jerusalem and how the people honored him with their praises, palm leaves and their cloaks. Days later, Jesus knew that his time was approaching and he wanted to share a last supper with his disciples. Here he would announce two key things. One was that he was going to be betrayed by one of his disciples. The other thing was to announce something very special with the bread and wine. He took the bread with his hands, blessed it and broke it. He told them that the bread symbolized his body. The bread had to be unleavened. Just a little bit of yeast makes the whole bread puff up. On the other hand, flatbread is like a regular bread but without air, very similar to a tortilla but thicker. Reading 1 Corinthians 5:7-8, leaven in the Bible is a symbol of our old way of living, sin, evil, mixtures. Just a little bit of this ruins the whole dough. Jesus wants us to eat of Him, who is like unleavened bread (without sin or mixtures), and through eating of Him we too can be like that unleavened bread. Then He blessed the wine. Wine is made from grapes that have been crushed, pressed, fermented and then entered into a clarification and aging/bottling process. This wine that Jesus gave to his disciples represented his blood that was going to be shed through great suffering that would lead to his death. But he also told them that this would be the last wine he would drink on earth. Well, He would do it again when he was in the Kingdom of God. He then would finally deposit himself in each of us. When we drink of his blood, we unite ourselves with his death, but also with his resurrection, bringing a clarity of who he is and who the Father is. We are in Him and He in us for eternity. So every time we eat the Lord's Supper we must be aware of everything He did for us. He forgave us our sins, cleansed us from all evil, rescued us from eternal death, adopted us as his children, making us partakers of his own nature and today we are united to him by his great love. Now as we make our bread and wine, let's talk about the process that Jesus Christ had to go through to save us and the meaning it has for our lives. Then in an atmosphere of gratitude and adoration, let us confess our sins, remove every mixture that we have allowed to enter our life, family, etc. Let us bless the elements and participate in the Lord's Supper. May Jesus be revealed to each of you.

QUESTIONS:

What does the body and blood of Christ symbolize?
What does bread and wine mean?
Why should we remove mixtures from our lives and accept Jesus in our hearts?

ACTIVITY:

MAKE YOUR OWN BREAD AND WINE AND SHARE A TIME PARTAKING OF THE ELEMENTS.

MATERIALS:

INGREDIENTS YOU FIND IN THE RECIPE LISTED.



RECIPE OF UNLEAVENED BREAD



RECIPE OF GRAPE JUICE