

# BE CAREFUL WITH WHAT YOU ALLOW

Let us read: John 10:10 "The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life."

With a thief one should not negotiate. He looks for the opportunity for a dialogue, which starts from an idea, thought or suspicion, and in a short time you will be like "bread crumbs on his mouth." Its main target is your FAITH.

**BY STEALING YOUR FAITH, YOUR HEART IS EXPOSED, YOUR POSITION COMPROMISED AND YOUR CONDITION IN ITS HANDS.**

Therefore: "Guard your heart above all else, for it determines the course of your life.." (Prov. 4:23)

Remember the case of Eve in the garden of Eden. One single conversation with the enemy changed the course of all humanity. Don't be naive, his intention is not just to bother you, but his true intention is to destroy you completely.

At first his words are attractive, pleasing to your ears. They are convincing to your reasoning, appetizing for your flesh, but the truth is that each of them is loaded with a deadly poison that is gradually paralyzing you. It intimidates you, frightens you and makes you doubt everything and everyone. Therefore, in this way you become an easy prey to his deceptions.

**After meditating and reading the above together, answer the following questions:**

Who is speaking in the first passage?

How to realize who is the one who has entered your life, heart, home, family, finances, health, etc.?

Why are we warned to guard our hearts?

How do we realize what our heart keeps inside?

Have you experienced thoughts and emotions that have paralyzed you?

Have you had the intuition that you should have reached a point, but you have not been able to do it because of these reasonings that have prevented it? Explain your answer

Remember what the prophet Isaiah says about our heavenly Father: "You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" (Isaiah 26:3)