

SATURDAY: THE LIGHT BRINGS JOY

LESSON: In this sixth and final lesson of Holy Week, we are reminded that the light of God—which from the very beginning brought order, purpose, freedom, eternal life, and truth through His Word—now also fills us with joy and gratitude. That light, which was present at creation, which became flesh in Jesus, and which died and rose again for us, lives within us today and produces a joy that nothing and no one can take away, as John 16:22 reminds us. This joy does not depend on circumstances, but rather on the certainty that Jesus triumphed, saved us, and gave us a new life; therefore, even amidst difficulties, our faith and our peace remain steadfast. Our response to all that He has done cannot be indifference, but rather a life filled with joy, gratitude, and worship, as Psalm 100:4 teaches us. Let us read that passage. That joy is naturally expressed through praise and worship, for when we acknowledge all that God has done, our hearts respond with gratitude. In 2 Samuel 6:14, the Bible shows us how David worshipped with all his might, without shame, teaching us that true worship does not stem from comfort, but from a surrendered heart—one willing to give something that costs it dearly. Jesus also teaches us in John 4:24 that true worship is in spirit and in truth—that is, sincere, profound, and complete. Therefore, as a family—whether children, youth, or adults—we are invited to cast aside all shame and express our love for God with our whole being: with our voices, our hands, our bodies, and our lives, celebrating the fact that the joy God has given us is living evidence that His light dwells within us. Let us offer Him a sacrifice of worship—one that truly costs us something. Let us be extravagant in our praise today. Let us break through every inhibition and give Jesus our very best!

DISCUSSION QUESTIONS:

- **Everyone:** What did Jesus do for us that brings us joy?
- **Everyone:** What can we do today, as a family, to offer God worship that truly costs us something?
- **Youth:** Has shame limited the way you worship? Why?
- **Adults:** Am I living a life marked by joy or by circumstances?
- **Adults:** What is holding me back from worshipping God without reservation?

FAMILY ACTIVITY: Invite your friends and share a special time of praise and worship. If possible, build a bonfire and, gathered around it, take a moment for each person to express what they are grateful to the Lord for. Afterward, engage in a time of free and uninhibited praise, where everyone can worship with joy and freedom. You might also include social activities, such as playing games or roasting marshmallows, to enjoy together. Use glow sticks as a visual reminder that Jesus is the Light of the World—and that this Light now lives within us; just as they shine in the darkness, we are called to reflect that Light at all times through our lives, our joy, and our worship.